

**Deepening the Reform of Classroom Teaching and Promoting the Exploration and Practice of
Classroom Rate**

Fang Qin

Xi'an Peihua University, Xi'an city, Shaanxi province China 710000

8101786@qq.com

Abstract. The content of classroom teaching is abstract and embarrassing, which will make students lose interest and their minds leave the classroom. The teaching method is single and the teaching mode is boring, which will make students no longer pay attention to the classroom; the traditional teaching methods that teachers follow the rules will also make students distracted. Students lack ideals, have no clear learning goals, and have weak self-control skills. The same is true of the above-mentioned people. The too simple method of course assessment will also lead to the problem of low head-up rate. This paper mainly analyzes the expressions, causes and solutions of students with low head-up rate from students and teachers. Students improve from external constraints and internal motivation. Students' classroom attention, teachers need to continuously strengthen their business capabilities, teaching innovation ability to attract students to the classroom, and constantly improve the classroom rate.

Keywords: Teaching Reform, Classroom Head-Up Rate, Classroom Quality

Introduction

Gao Jiao (2018) No. 2 "Opinions of the Ministry of Education on Accelerating the Construction of High-level Undergraduate Education and Improving the Ability of Talent Cultivation" pointed out that promoting the classroom teaching revolution, focusing on student development, promoting learning revolution through teaching reform, Classroom teaching methods and methods, scientific design curriculum assessment content and methods, and constantly improve the quality of classroom teaching. Actively guide students to self-management, active learning, stimulate desire for knowledge, improve learning efficiency, and enhance self-learning ability. "The key points of the speech by Chairman Jiang Bo and President Li Yingfang at the first semester working meeting of the 2019-2020 school year" pointed out that deepening the reform of education and teaching and improving the quality of applied technical talents. The rate of classroom head-up refers to the number of students who listened carefully to the class and the ratio of the total number of students. It is an important indicator to measure the quality of teaching. In view of the unsatisfactory status of college students, it is necessary to further deepen the teaching reform and continuously improve the classroom rate. Continuously

improve the quality of the classroom.

One Common manifestations and hazards of low classroom head-up rate

1 Play Mobile Phone

The life of the network, the low cost of traffic, the universalization of mobile phones, and the diversity of social tools all open the door for students to browse information, participate in social activities, and play games anytime, anywhere. It also inevitably appears in the classroom.

With the continuous improvement of the function of the smart phone, the intelligent search function will appear. This function will automatically identify the user's preferences based on the frequency of information search for certain types of information, and automatically pop up a large amount of corresponding information. Greatly meet the needs of information users, and use the attention of the title, content and other forms to allow users to browse their favorite content in an infinite loop, so that information users can get a sense of satisfaction, find a sense of presence, fill The inner emptiness constantly increases the user's attachment to the network, and also makes people who are weak in self-control unable to extricate themselves, so that they have fun^[1].

2 Chat

Chatting is also a common situation in the classroom. There are always individual students chatting in the class, or when the teacher is giving lectures, or when the students are doing class exercises, or when the teacher issues a topic for everyone to discuss, the individual students will leave the topic, chat and learn. Topics that are not related to the topic or class content.

3 Sleeping

There are two situations in which students sleep in class. One situation is that the content of the class has been going on for a period of time, and some students start to sleep. We generally understand that such students do not rest well at night, are tired of listening, or are not attractive to teachers. In one case, an individual student begins to sleep as soon as he starts class, until class, and most of the time.

Do not look up and seriously listen to the harm to the class: the basic knowledge is not understood, the direct consequences are reflected in the failure of the homework or plagiarism, the course test is difficult to pass, and even need to be rebuilt, increase the cost of learning, serious cases can not graduate; miss the key knowledge, difficult to do It will be particularly difficult for the in-depth study to be integrated and touched. The passing rate of the corresponding certificate is low, and the test may not be taken or even abandoned. Do not look up and seriously listen to the harm of the class to the collective: affect other students to learn, affect the teacher's lecture progress and effect, affect the

construction of the class and school spirit.

Two Analysis of the reasons for the low rate of raising the classroom

1 Student Side

(1) Interest and accessibility of web content

The content of the Internet is all-encompassing and the forms are varied. People are fascinated by it. There are always students who sneak a peek at the mobile phone during class, and this information can be obtained freely without any effort. The acquisition of knowledge is not the case. If you want to achieve a certain effect, you must With the corresponding efforts, it is accompanied by loneliness, boring, and boring. For example, you need to prepare for class before class, you need to listen carefully after class, and you need to carefully review and complete homework after class.

(2) Difficult thoughts make you stand still

Throughout the 90 years of students' growth experience, most of them have a smooth and smooth experience, and they have no experience of suffering. They have not been able to withstand the wind and rain in their studies. If they encounter difficulties, they will not study hard, such as encountering "Advanced Mathematics" and "Learning". The abstract and incomprehensible classroom content such as Statistics is slightly incomprehensible. Some students are not willing to work hard and their thoughts turn away from the classroom.

(3) Poor self-control ability

Students with poor self-control ability are difficult to resist the temptation from outside the classroom, and the idea is easy to open up.

(4) Learning objectives are not clear, lacking internal motivation

The herd mentality makes some students neither have great ideals nor short-term goals, have no clear plans for their own lives, lack learning goals, have no target driving force, and have insufficient understanding of the curriculum. I don't know why I study a course and I don't know how to study. The purpose of a course is to not understand the learning objectives of each class.

(5) habitual day and night at night

Staying up late is synonymous with modern life. Some students often go to late night because of habits or temporary things. The next day, classes will inevitably affect and energy is not enough.

2 Teachers

(1) Classroom content is boring

Abstract teaching content, outdated teaching methods, and low student participation make students' minds unwilling to stay in the classroom for a long time.

(2) The assessment method is unreasonable

Some courses use the whole process assessment, but in fact, write a few homework. For the

quality of the homework, the evaluation criteria are too shallow. This kind of assessment method makes the students despise the course from the beginning, and naturally it will not be good to listen to the class. Learn.

(3) Lack of classroom management

There are no strict regulations and clear systems for the state of the classroom, especially for some students who violate the discipline of the classroom, and there is no strict restraint, which makes the classroom chaotic.

Three Measures to improve classroom rate of increase

1 Establish a sound external mechanism

(1) Promote the classroom teaching revolution.

Focusing on student development, we will promote learning revolution through teaching reform, actively promote mixed teaching, flip classrooms, vigorously promote the construction of smart classrooms, and build a teaching model that combines online and offline. The classroom teaching method should be chosen according to the curriculum, and the content and method of scientific design curriculum assessment should be continuously improved to improve the quality of classroom teaching. Make good use of cloud class classes, embed mobile phone use into the classroom, actively guide students to self-management, active learning, stimulate desire for knowledge, improve learning efficiency, and enhance self-learning ability.

(2) Strengthen the management of learning processes.

Strengthen examination management, rigorous process assessment, and increase the proportion of process assessment scores in the total scores of the curriculum. Improve the multi-chemistry industry assessment and evaluation system with equal ability and knowledge assessment, and improve the monitoring, evaluation and feedback mechanism of students' learning process. Comprehensive application of various forms, comprehensive assessment of students' mastery and use of knowledge, to test auxiliary education, to promote learning, encourage students to actively learn, study hard.

2 Enhance the inner learning motivation

(1) Establish a clear learning goal

Students' enrollment education can increase the proportion of life ideals and learning goals, help each student to establish a great life ideal, and cut into achievable short-term goals, so as to help students develop learning goals and build motivation to learn from the heart. .

For each course, the course will be given to the students in each semester. The purpose is to tell the students the purpose of the course, the learning requirements and the assessment methods, but there are very few students who really want to learn and understand. Therefore, teachers are needed. In the first class, we clearly explained the contents of the Course Description with the students and proposed

the relevant requirements of the class.

(2) The establishment of classroom presence and sense of acquisition

The traditional teachers teach students the passive acceptance of the situation, so that the value and meaning of the students in the classroom are gone, the students' participation rate is low, and the initiative is poor, which makes students feel low. To change this situation, we must change the way of classroom teaching, based on applied courses, and turn traditional classrooms into students-oriented, teacher-led, combining traditional courses with flipping classes, and reporting on tasks. The study of knowledge can make students go to the podium. For work tasks, students can express their opinions in the classroom and encourage them to create a sense of presence and gain in the classroom.

(3) Organic integration of ideological and political education elements in the curriculum

Although contemporary college students are active in thinking, have a wide range of information, and have strong independent thinking skills, they are also inevitably angry and do not easily accept parent-teacher or teacher-educated education. At any time, the focus of its attention will be introduced into the classroom, which will lead to discussions and help students to establish a correct social outlook, outlook on life and values, and reverse the values of students who admire stars, worship money, and superstitious Western values, and more contribute to the people's contribution to society. Dedicated and patriotic scientists, inventors, and benevolent and revolutionary martyrs. Encourage students to study hard, serve the country, and realize their own life value^[2].

3 teacher

(1) Continuously improve their knowledge and teaching ability

The same course is based on students of different majors and different levels, carefully analyzing the training objectives of the major, and the role of the course in other courses of the profession, thereby designing the training objectives of the course. As a teacher, you need to be very clear about the content of the course. What are the certificates related to the course, what kind of content will be tested in the exam, and what will be used in the work. Constantly learn the knowledge related to the course and constantly update and supplement your knowledge.

In addition, we need to constantly learn the ways and means that other teachers use to teach this course, and constantly improve their teaching ability.

(2) Strengthen classroom design and classroom management

Highly focused attention tests have been conducted in the United States, and studies have confirmed that adults are highly focused on completing a simple and boring task. The letters hit the hamster and can only last for 20 minutes without error, and then errors will occur. Therefore, when designing the course content, teachers should carry out classroom design from the interest, and must also talk about the most important and most critical knowledge in the first 20 minutes. During the poor

attention time, practice, ask questions, test or conduct through the students. Flip the classroom to complete to prevent inefficient classrooms^[3].

Classroom management is a very difficult task. When there are students who do not listen carefully in class, if the teacher stops the ongoing teaching to remind or correct it, it will inevitably make the classroom effect greatly reduced. Self-management and responsible implementation of this work are issues that teachers and students must face.

Conclusion

The key to improving the rate of classroom head-up is to stimulate the internal motivation of students' learning, as well as appropriate external supervision power; to strengthen the teachers' own business ability and personality charm; to make a good use of the classroom to design the classroom design for each class. So that the classroom has a fresh vitality.

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